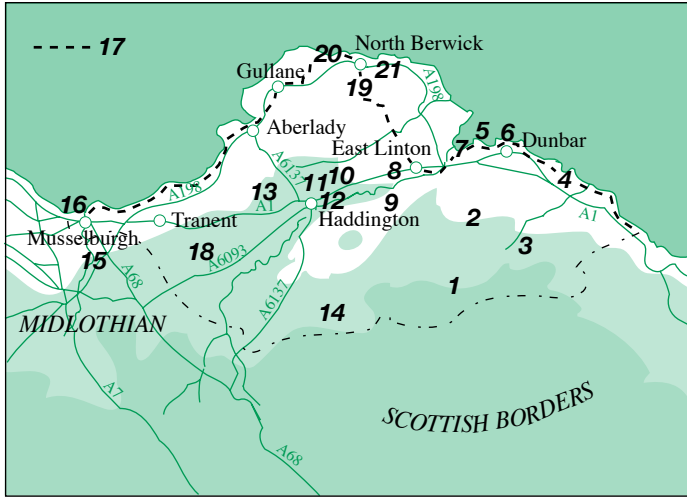


Walks East Lothian



Grades

A Full walking equipment required

B Strong footwear and waterproof clothing required

C Comfortable footwear recommended

[**B/C** B-grade route if walked in its entirety; C-grade if walked in part]

NB: Assume hill routes increase at least one grade in winter conditions, A routes potentially becoming extremely dangerous

walk	grade	max.length
1 Stoneypath to Johnsleugh	A	up to 11 mls/18kms
2 Pressmennan Wood	C	3½ mls/5.5kms
3 Woodhall Dean	C	2 mls/3kms
4 Dunbar to Dunglass	B/C	10 mls/16kms
5 John Muir Country Park	B/C	various
6 Dunbar Clifftop Trail	C	2 mls/3kms
7 Belhaven Bay to Preston Mill	B	5½ mls/9kms
8 East Linton to Hailes Castle	C	1¾ mls/3 kms
9 Traprain Law	C	1 mls/1.5kms
10 Athelstaneford & the Garleton Hills	B	2½ mls/4kms
11 Byres Hill	C	½ mls/1kms
12 Haddington Riverside	C	1½ mls/2.5km
13 Haddington to Longniddry	C	4 mls/6.5kms
14 Lammer Law	A	7½ mls/12kms
15 Musselburgh to Inveresk	C	4½ mls/7kms
16 Fisherrow & Levenhall Links	C	up to 2½ mls/4km
17 John Muir Way	A/B/C	various
18 Pencaitland Railway	C	7 mls/11kms
19 North Berwick Law	C	2½ mls/4km
20 Gullane to North Berwick	B/C	7 mls/11kms
21 North Berwick East Shore & The Glen ...	C	3 mls/5kms